



Office of Developmental Primary Care

Improving outcomes for people with developmental disabilities

Resources on Our Website:

<http://ODPC.UCSF.edu/>

AASPIRE HEALTHCARE TOOLKIT

Primary Care Resources for Adults on the Autism Spectrum and their Primary Care Providers

[healthcare toolkit](#)

HEALTH PASSPORT

- English Version
[health passport](#)
- Spanish Version
[mi pasaporte de salud](#)

SUPPORTED HEALTH CARE DECISION-MAKING

For Self-Advocates, Parents and Supporters and Professionals and Policy Makers

[supported decision-making](#)

TRANSITION

What's Next? A Self-Advocate's Guided Tour through Transition for Parents and Supporters

[transition guide](#)

UNDERSTANDING AUTISM, AGGRESSION AND SELF-INJURY: MEDICAL APPROACHES AND BEST SUPPORT PRACTICES

[understanding aggression and self-injury](#)

WHAT I WISH MY DOCTOR KNEW ABOUT

- Me as a Person on the Autism Spectrum
[person with autism](#)
- Non Traditional Communicators
[non traditional communicators](#)
- People Who Accompany Us to Our Medical Appointments
[people who accompany us](#)
- Sensory Sensitivities
[sensory sensitivities](#)