



[www.AspenNetwork.net](http://www.AspenNetwork.net)  
Tel: (925) 262-3135

The Transformative Experience  
of a Social Living Community  
San Francisco Bay Area  
College or Vocational Support



Programs include: Living Community, Groups, Summer Camp  
and Weekend Programs

# Aspen Network Programs



## PODS: Residential Living in the San Francisco Bay Area

- Offers a place to learn social and independent living skills with the goal of realizing their potential to move forward in our world in college, vocation or employment.
- Blended diagnoses living and learning together: Social anxieties, mood differences, OCD, general learning disabilities, Non-Verbal Learning Disabilities, neurodiversity and spectrum differences.
- Creating a transformative experience because young adults are succeeding in sharing their lives and being with others who enjoy them exactly how they are.
- Aimed at developing independence and positive living skills away from home with peers of their own.



## Social Group at the POD: Motivating and Fun!

- Improve self esteem
- Lessen anxieties and fears
- Meet new people in supportive environment
- Learn academic and social employment skills
- Take on leadership roles



## Team Aspen Summer Camp: Two Weeks in July

Team Camp is co-ed and open to a broader age range than our other programs. We accept young people ages 13 to late twenties. We carefully organize age-appropriate topics and breakout groups for different ages and maturity levels. We have years of experience addressing the differing interests of our campers and have an excellent, well-trained staff that is sensitive to these interests.

- Located in the beautiful Lake Tahoe area
- Social skills
- Physical activity and endurance
- Self-determination
- Leadership skills
- Friendships and camaraderie
- Meeting challenges and personal goals
- Making smart decisions