







# Introduction

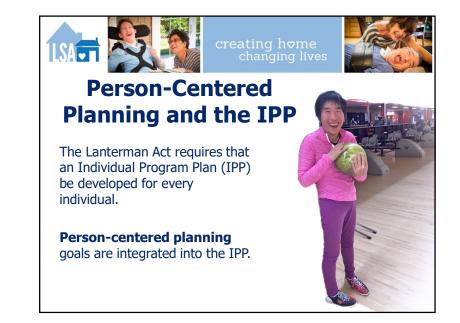
Life Services Alternatives (LSA) believes all people with developmental disabilities have the right to live life to its fullest in our community.

Personalized programs focused on skill-building, enabling them to reach their true potential.





In short, person-centered planning is an approach to determining, planning for and working toward the preferred future of, and for the individual.





# Key Elements of Person-Centered Planning

- People important to the individual are included in planning and help make informed decisions.
- Routines, supports and services are based upon their interests, preferences, strengths, capacities and dreams.
- Activities, supports, and services help individuals develop personal and community relationships.
- Individuals use, when possible, natural and community supports.



# Key Elements of Person-Centered Planning

- Meaningful choices are based on their experiences
- Planning is collaborative, recurring, and ongoing.
- Opportunities and experiences are maximized.
- Individuals are satisfied with their activities, supports, and services.
- · Individuals are empowered



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**Community Presence and Participation:** How can we increase the presence of a person in local community life?

How can we cultivate and deepen the individual's relationships, friendships?

#### Increase Independence:

How can we assist people to develop more competencies and contribute their unique gifts?

#### Promoting Choice:

How can we help people have more control and choice in life?

#### Valued Roles:

How can we enhance the reputation people have and increase the number of valued ways people can contribute?



Person-centered thinking challenges us to <u>discover</u> and invent a personal <u>dream for people</u>, to craft a pattern of living that increases people's participation and belonging in community life.





# **Considerations for Individuals** who are non-communicative

- An on-going assessment
  - meal time, outings, leisure, free time.
  - interpretation of body language, gestures, behaviors and patterns.
- Assumptions
- We are their voice



