



creating home
changing lives



PERSON CENTERED PLANNING IN A GROUP HOME ENVIRONMENT

Person-Centered Planning is a process and approach to learn about things that an individual:

- Wants to do in the future (hopes and dreams)
- Likes to do (preferences)
- Does well (strengths and capabilities)
- Chooses to do in the next year or so (goals)
- Will need help with to get from here to there (services and supports)
- May think will get in the way (barriers)

KEY ELEMENTS OF PERSON CENTERED PLANNING

- People important to the individual are included in planning and help make informed decisions
- Routines, supports and services are based upon their interests, preferences, strengths, capacities and dreams
- Activities, supports, and services help individuals develop personal and community relationships
- Individuals use, when possible, natural and community supports.
- Meaningful choices are based on their experiences
- Planning is collaborative, recurring, and ongoing
- Opportunities and experiences are maximized
- Individuals are satisfied with their activities, supports, and services
- Individuals are empowered

Person centered thinking challenges us to discover and invent a personal dream for people, to craft a pattern of living that increases people's participation and belonging in community life.

SUCCESSFUL PERSON CENTERED PLANNING:

Focuses on the following:

➤ Personal Goals:

HOME – PERSONAL CARE – RIGHTS

HEALTH – FITNESS - NUTRITION

PERSONAL GROWTH

RECREATION – FRIENDS – LIFE OUTSIDE THE HOME

➤ Utilization of Consultation Hours

➤ Ongoing: Observation, input and assessment process

