



Person-Centered Planning

A Vision for the Future

Accept. Respect. Include.



Today's Objectives...

- Define Person Centered Thinking (PCT) vs. Person Centered Planning (PCP)
- Review PCP requirements
- Practice using a Person Centered Planning Chart to create a One Page Profile
- Discuss the future of Person Centered Planning and what it means for your loved one
- Q&A



Our Role in the Community

Children



- Early Intervention and Pediatric Therapy Services
- Learning Links Preschool
- Free Developmental Screenings – Watch Me Grow

Youth



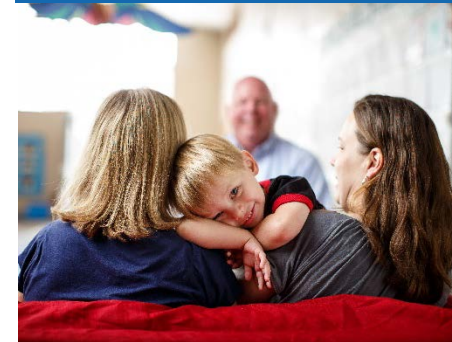
- Autism Social Connection
- Afterschool Recreational Programs
- Social & Community Events
- Therapy Services

Adults



- Employment Services
- Vocational Training
- Community Volunteering
- Life Skills and Enrichment

Families



- Family Resource Center
- Assistive Technology Library
- Parenting Workshops
- Family Support Groups



A WORLD WHERE PEOPLE
of ALL ABILITIES are FULLY
ACCEPTED, RESPECTED & INCLUDED

MISSION

EMPOWER PEOPLE with SPECIAL NEEDS
to ACHIEVE their FULL POTENTIAL
THROUGH INNOVATIVE, INCLUSIVE PROGRAMS
and COMMUNITY PARTNERSHIPS

PEOPLE WE SERVE: CHILDREN • ADULTS • FAMILIES
GATEPATH



VALUES



PEOPLE FIRST



COLLABORATION



INCLUSION



DEDICATION



INNOVATION



COMMUNITY

Some Definitions...

- **Person Centered Thinking** is a set of values, skills, and tools used in Person Centered Planning and in the personalization of services used by people who need supports. Person centered thinking is the foundation for person centered planning.
- **Person Centered Planning** is a set of approaches designed to assist someone to plan their life and supports. It is used as a life planning model to enable individuals with disabilities to increase their personal self-determination and improve their own independence.



Requirements for Service Providers

- There is a new federal requirement stating that service providers must utilize Person-Centered Planning tools within the next three years
- GGRC is setting up pilot programs to train service providers in this model.
- Not all service providers are currently trained in how to utilize this model.



How do we plan for the future?

From System Centered:

- Plan a lifetime of programs
- Offer limited program options; based on stereotypes
- Focus on filling slots
- Organize to please funders, regulators, policies, and rules.

Toward Person- Centered

- Craft a desirable lifestyle
- Design an unlimited number of desirable experiences
- New possibilities for each person
- Focus on quality of life
- Emphasize dreams, desires and meaningful experience



Person Centered Planning in Action



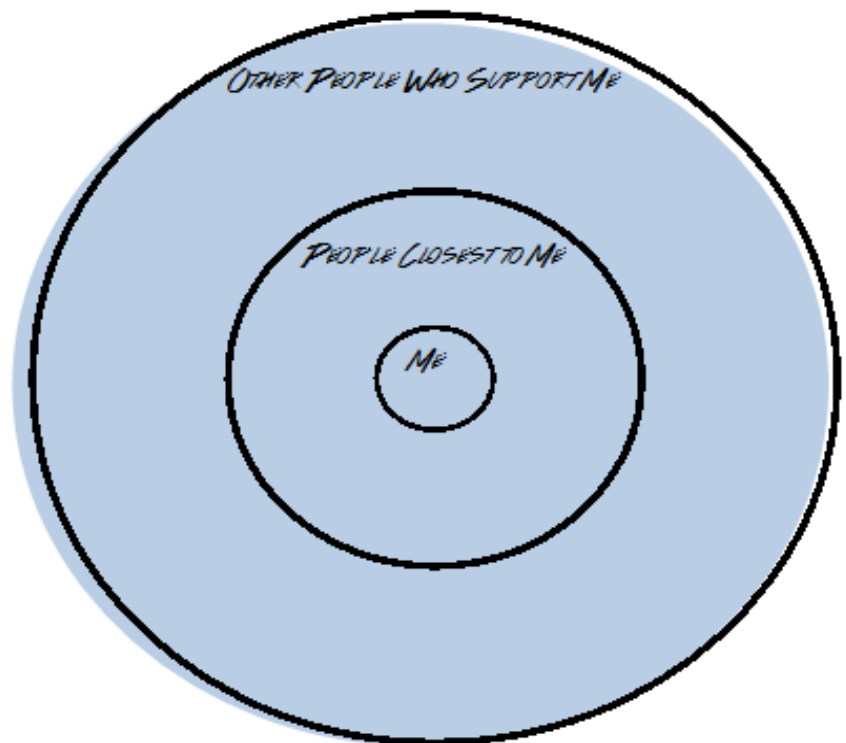
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PERSON CENTERED PLANNING CHART

* If participant is unable to provide feedback, Planning Chart must be filled out by a care provider or family member and primary staff person.

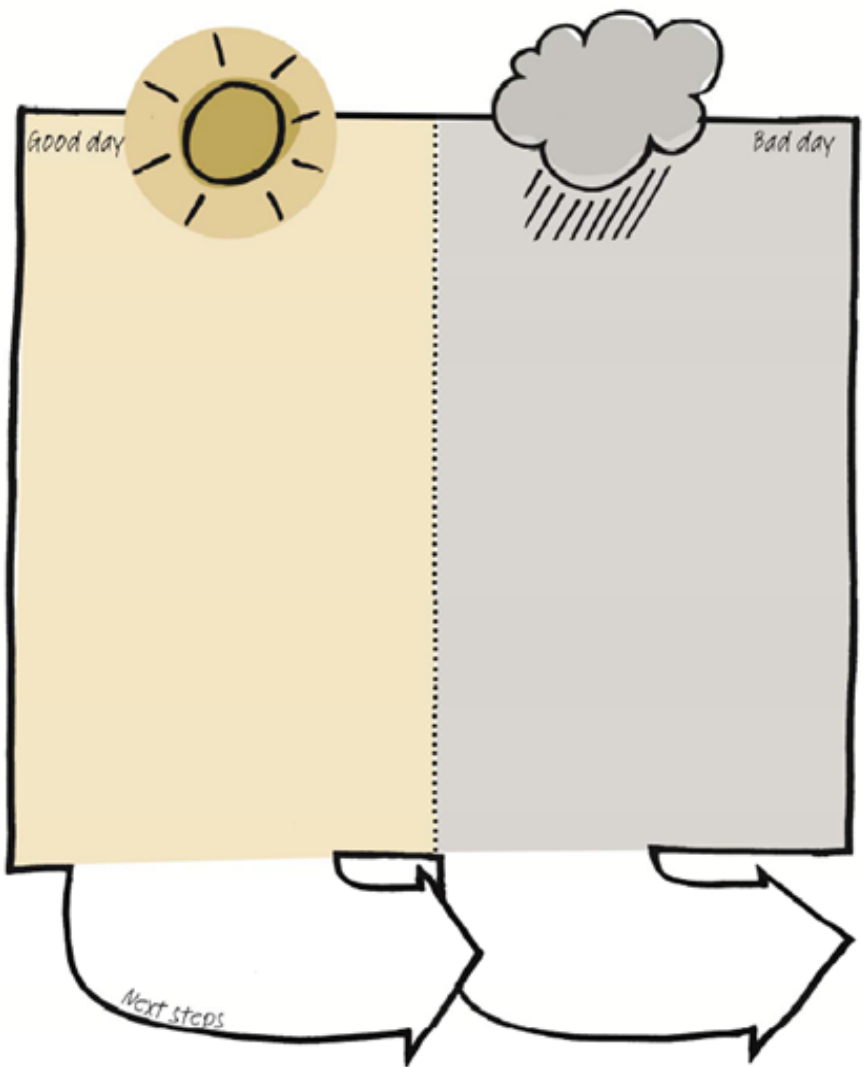
NAME _____ DATE _____ PROGRAM _____

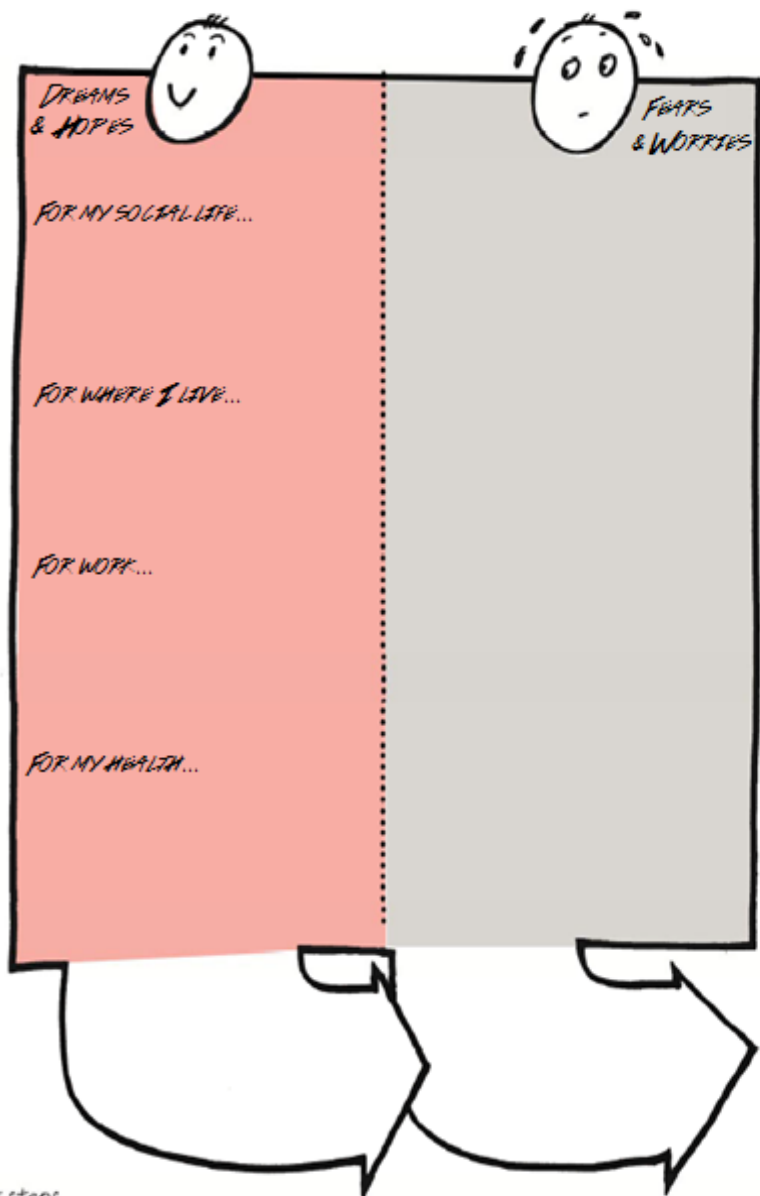
PERSON WHO HELPED ME FILL THIS OUT / RELATIONSHIP TO ME _____



RELATIONSHIP MAP

WHICH PEOPLE ABOVE WOULD YOU LIKE TO INVITE TO YOUR MEETING?





Next steps



Positive Profile

- Positive summary of an individual's strengths and support needs
- Snapshot of health and wellness needs
- Tips on how to approach, interact, and build rapport quickly
- Communication tool for anyone who spends time with a participant: GGRC counselors, therapists, teachers, tutors, doctors, ILS workers, and care staff



Example of a Positive Profile



Heidi W UCI #: _____

What people like and admire about me...

I am a great artist
(I enjoy coloring
and writing.)

I am fashionable.

I enjoy many
activities and
have many
interests.

I am a very
sweet young
woman.



What makes me happy

Coloring
Puzzles
Wearing cute/cool clothing
Animals (cats and dogs)
Playing on the Ipad
Matching games
Magazines



How I want to be supported...

I need supervision around food items for my health. I am on a strict diabetic and gluten free diet. I am insulin dependent and need my blood sugar levels checked before meals. I need reminders to use the restroom even though I may not always want to go. It is also important to note that sneezing and coughing really bother me and I may have loud vocalizations when I hear these things.

The future...

Utilizing a person centered thinking approach to every program:

- Customized employment
- With Community Partners
- To help our individuals have the best life they can.



Comments and Questions

